



## Teacher Training Program

Thank you for your interest in the **Dayton Method 200 Hour Hot Yoga Teacher Training** recognized by the Yoga Alliance. You must meet all of the application requirements and fully participate in each and every aspect of the training. All participants are required to be on time, attend every class and event with an open mind and open heart.

### Personal Information:

Full Name:

Street Address:

City:

State:

Zip/Postal Code:

Daytime Phone:

Evening Phone:

Email Address:

Gender:

Date of Birth:

Age (must be 21 years of age):

Emergency contact:

Phone:

Relationship to you:

### **Medical History:**

Do you suffer from any physical conditions, injuries or illness?

List any medical conditions you have and all medications. Prescription and non-prescription that you take:

### **Yoga History:**

How long have you been practicing and where?

What style(s) of asana do you practice?

How many times per week?

Do you meditate?

How often?

Do you include pranayama?

Are you presently teaching?

Are you a 200-Hour certified teacher? If YES, in what style?

How long and where?

Why do you practice yoga?

What do you hope to get out of this program?

Anything else you would like us to know about you?

### **Program Participation Agreement:**

I understand that if I fulfill all the requirements of the Huntington Beach Hot Yoga Teacher Training, in-class hours, homework, quizzes and final exam, I will receive a letter of completion, which can be submitted to the Yoga Alliance or a prospective employer as evidence that I have completed a 200-hour Professional Program.

I understand that Huntington Beach Hot Yoga reserves the right to ask me to leave the program if my behavior is inappropriate, unethical or

violates the Yoga Alliance ethical guidelines. Under such circumstances I understand I will not be refunded my tuition.

### **Certification:**

Upon completion of the program, graduates receive a Huntington Beach Hot Yoga Teacher Training Certificate, registered at the 200-hour level with Yoga Alliance. For graduation each teacher trainee must meet the following conditions:

- ∞ Complete all required hours of the training
- ∞ Pass all written and practice exams with a grade of B or higher
- ∞ Demonstrate knowledge and ability to practice the asanas covered
- ∞ Display ability to teach the asanas including dialogue and timing of series

### **Tuition:**

**Deposit: \$500 nonrefundable deposit due with your application.**

**Program Tuition: \$2,000 for early registration (must be paid by July 1, 2008); \$2,200 after early registration. Space will be limited.**

Tuition fee includes unlimited yoga classes for the duration of the training, a course manual, and all instruction. Full tuition must be paid prior to start date of course.

### **Cancellation Policy:**

No refunds or credits are available for cancellation within 14 days prior to start date of the course as well as if student voluntarily leaves or decides not to attend Teacher Training. This policy is necessary for if a student where to quit Teacher Training he or she will have taken a spot that another deserving student could have taken. Commitment to the program is therefore mandatory.

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Signature

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Date

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Printed Name